

Dementia Care Giver/Family Support Programs

Original Effective Date: August 1, 2021

Purpose & Context

Support Programs are designed to assist those in our communities effected by dementia. We value keeping families engaged through continued support, education, resources, and personal connections.

Procedure

All PHS Communities:

- 1. PHS Care Partner Guide
 - a. Included in move in folder for new admissions in memory care communities
 - b. Referred to as a reference for education and support during care conferences
 - c. Option to use chapters for site level support groups
 - d. Additional copies can be obtained by request
- 2. Care Conferences held by the interdisciplinary team
 - a. On the spot education and support for families
 - i. Scheduled on a regular cadence
 - ii. Families or Care Team can request at any time
- 3. The Alzheimer's Association 24/7 Helpline is shared (PHS Care Partner Guide)
 - a. Available 24 hours a day/365 Days a year
 - b. Free Service
 - c. Specialists and Clinicians offer confidential support and information to people living with dementia, caregivers, families, and the public
- 4. Resident Family Events
 - a. Hosted a minimum of twice annually to include both residents/families
 - i. Social connection
 - ii. Education/Guest Speaker
 - iii. Supportive setting

Communities may, in addition, have one or more of the following (inquire within):

- 1. Resource Library
- 2. Dementia Friends Program
- 3. Memory Café
- 4. Care Giver Support Group

References

The Dementia Family Support Programs Policy is a required document per <u>144G.82</u> of all Minnesota assisted living communities to describe family support programs and efforts to keep families engaged.

Function Owner: Life Enrichment

Revised: 07/26/2021