

March

April 2024

Commons WINGS Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Easter! 31</p> <p>Canceled: Crossword Puzzles</p> <p>1:30 Easter Worship Service with Pastor Grant T. : Chapel (CCTV)</p> <p>2:00 Coffee & Cookie Fellowship: Terrace Lobby</p> <p>Canceled: Bingo</p>	<p>Canceled: Light Exercise 1</p> <p>Canceled: Moderate Exercise</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Popcorn & Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>3:30 Social/Outing Committee: Terrace Community Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:20 Video Exercise: 2 Terrace Activity Room</p> <p>10:00 Shopping**(\$): Lobby</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie "Soul Surfer": Terrace Activity Room</p> <p>2:30 Food Committee: Harvest Restaurant</p> <p>2:30 Women's Chorus: Chapel</p> <p>3:00 Bean Bag Toss: Commons Loft</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee Social: Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Movie & Popcorn "Goodbye, Mr. Chips": Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>3:00 Bible Study with Claire: Commons Loft</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:20 Video Exercise: 4 Terrace Activity Room</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – "Our Daily Bread": (CCTV)</p> <p>11:00 Culver's Outing**(\$): Lobby</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Resident Meeting: Commons Loft</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>1:00 Wii Bowling: 6 Terrace Activity Room</p> <p>6:30 Hymn Sing: Commons Lobby</p>

Daily Event Line—Activities & Menu for the day Call *7014 (**) Denotes sign up required at the Communication Center (\$) Denotes extra charge for event.

April 2024

Commons WINGS Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1:30 Worship Service and Communion with Zion Lutheran Church: Chapel (CCTV)</p> <p>2:00 Coffee & Cookie Fellowship: Terrace Lobby</p> <p>2:30 Bingo: Commons Lobby</p>	<p>9:00 Trash to Treasure: Terrace Activity Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>12:45 Partial Total Eclipse: Courtyard (Weather Permitting)</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Popcorn & Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>All Day Trash to Treasure: Terrace Activity Room</p> <p>8:20 Video Exercise: Terrace Activity Room</p> <p>10:00 Saver's**(\$): Lobby</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie "Apollo 13": Terrace Activity Room</p> <p>2:30 Women's Chorus: Chapel</p> <p>3:00 Bean Bag Toss: Commons Loft</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>Trash to Treasure: Terrace Activity Room-Ends 4 PM</p> <p>10:00 Men's Coffee Social: Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>11:00 Red Lobster Outing**(\$): Lobby</p> <p>12:00 Twins Game Social: Commons Loft</p> <p>1:30 Movie & Popcorn "The Big Country": Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>3:00 Bible Study with Claire: Commons Loft</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:20 Video Exercise: Terrace Activity Room</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – "Our Daily Bread": (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service with Communion: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Card Games-500: Commons Loft</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>10:00 Family of Christ Lutheran Church Service: Chapel (CCTV)</p> <p>1:00 Wii Bowling: Activity Room</p> <p>6:30 Hymn Sing: Fireside Lounge</p>

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April 2024

Commons WINGS Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Volunteer Appreciation Week 14 1:30 Worship Service with Anoka Methodist: Chapel (CCTV) 2:00 Coffee & Cookie Fellowship: Terrace Lobby 2:30 Bingo: Commons Lobby	10:30 Light Exercise 15 Commons Loft 11:10 Moderate Exercise: Chapel (CCTV) 1:00 Video Bible Study: Terrace Activity Room 1:30 Popcorn & Trivia with Celeste: Commons Loft 3:00 Manicures: Commons Loft 6:30 Bingo: Terrace Community Room	8:20 Video Exercise 16 Terrace Activity Room 10:00 Shopping**(\$): Lobby 12:30 Bingo: Commons Loft 2:30 Popcorn & Movie "Yesterday": Terrace Activity Room 2:30 Women's Chorus: Chapel 2:30 Card Making: Commons Activity Room Canceled: Bean Bag Toss 7:00 Hymn Sing: Chapel (CCTV)	10:00 Men's Coffee 17 Social: Terrace Community Room 10:30 Light Exercise: Commons Loft 11:10 Moderate Exercise: Chapel (CCTV) 1:30 Movie & Popcorn "L.T. Robin Crusoe, U.S.N.": Terrace Activity Room 2:00 Baking Group: Commons Activity Room 6:30 Prayer Circle: Terrace Community Room	8:20 Video Exercise 18 Terrace Activity Room 10:00 Catholic Service: Terrace Activity Room 10:30 Devotion Reading – "Our Daily Bread": (CCTV) 11:00 DQ Outing**(\$): Lobby 11:00 Catholic Fellowship: Terrace Community Room 11:00 Women's Devotion: Chapel 1:00 Bingo: Commons Loft 3:00 Chapel Service: Commons Loft 6:30 Game Night: Terrace Community Room	10:30 Light Exercise: 19 Commons Loft 11:10 Moderate Exercise: Chapel (CCTV) 2:00 Birthday Party with Entertainment by Nigel Egg: Commons Loft Canceled: Bean Bag Toss 6:30 Bingo: Terrace Community Room	1:00 Wii Bowling 20 Terrace Activity Room 6:30 Hymn Sing: Commons Lobby

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April 2024

Commons WINGS Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1:30 Worship 21 Service with Solid Roch Free Lutheran: Chapel (CCTV)</p> <p>2:00 Coffee & Cookie Fellowship: Terrace Lobby</p> <p>2:30 Bingo: Commons Lobby</p>	<p>10:30 Light Exercise 22 Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>12:00 Food for Thought Lunch**: Terrace Community Room</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>Canceled: Popcorn & Trivia with Celeste</p> <p>2:00 Entertainment by Vinnie Rose: Commons Lobby</p> <p>3:30 Manicures: Commons Loft</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:20 Video Exercise 23 Terrace Activity Room</p> <p>10:00 Saver's**(\$): Lobby</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie "The Hill": Terrace Activity Room</p> <p>2:30 Women's Chorus: Chapel</p> <p>3:00 Bean Bag Toss: Commons Loft</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee 24 Social: Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Movie & Popcorn "Royal Wedding": Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:20 Video Exercise: 25 Terrace Activity Room</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – "Our Daily Bread": (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>12:30 Bingo: Commons Loft</p> <p>2:00 Out of this World Social: Terrace Community Room</p> <p>3:00 Chapel Service: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: 26 Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Card Games-500: Commons Loft</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:15 Coon Rapids High School Play Outing "Newsies" **(\$): Lobby</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>1:00 Wii Bowling 27 Activity Room</p> <p>6:30 Hymn Sing: Fireside Lounge</p>

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April 2024

May 2024

Commons WINGS Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Bingo: 28 Commons Lobby</p> <p>1:30 Worship Service with Riverdale Church: Chapel (CCTV)</p> <p>2:00 Coffee & Cookie Fellowship: Terrace Lobby</p> <p>2:30 Fourth Degree Saxophone Quartet: Commons Lobby</p>	<p>10:30 Light Exercise: 29 Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:00 Bible Study: Terrace Activity Room</p> <p>1:30 Popcorn & Trivia with Celeste: Commons Loft</p> <p>3:00 Manicures: Commons Loft</p> <p>3:30 Worship Celebration: Chapel (CCTV)</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>8:20 Video Exercise: 30 Terrace Activity Room</p> <p>10:00- 3:00 Pop-Up Sale: Terrace Lobby</p> <p>10:00 Shopping**(\$): Lobby</p> <p>1:00 Bingo: Commons Loft</p> <p>2:30 Popcorn & Movie "Tyson's Run": Terrace Activity Room</p> <p>2:30 Women's Chorus: Chapel</p> <p>3:00 Bean Bag Toss: Commons Loft</p> <p>7:00 Hymn Sing: Chapel (CCTV)</p>	<p>10:00 Men's Coffee Social: 1 Terrace Community Room</p> <p>10:30 Light Exercise: Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>1:30 Movie & Popcorn "TBD": Terrace Activity Room</p> <p>2:00 Baking Group: Commons Activity Room</p> <p>6:30 Prayer Circle: Terrace Community Room</p>	<p>8:20 Video Exercise: 2 Terrace Activity Room</p> <p>10:00 Catholic Service: Terrace Activity Room</p> <p>10:30 Devotion Reading – "Our Daily Bread": (CCTV)</p> <p>11:00 Catholic Fellowship: Terrace Community Room</p> <p>11:00 Women's Devotion: Chapel</p> <p>1:00 Bingo: Commons Loft</p> <p>3:00 Chapel Service: Commons Loft</p> <p>6:30 Game Night: Terrace Community Room</p>	<p>10:30 Light Exercise: 3 Commons Loft</p> <p>11:10 Moderate Exercise: Chapel (CCTV)</p> <p>2:00 Resident Meeting: Commons Loft</p> <p>2:00 Bean Bag Toss: Terrace Activity Room</p> <p>6:30 Bingo: Terrace Community Room</p>	<p>1:00 Wii Bowling: 4 Terrace Activity Room</p> <p>6:30 Hymn Sing: Commons Lobby</p>

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