

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TV Channels:13 (antenna) or 991 (cable)--- Message Board 7 (antenna) or 993 (cable)— CCTV 6 (antenna) or 992 (cable) Vestibule (entry) Camera Daily Event Line: 763- 712-7014	Canceled Exercise 1 1:00 Bible Study: Activity Room Canceled: Chat with Cassie 3:30 Social/Outing Committee: Community Room 6:30 Bingo: Community Room <small>All Fools' Day</small>	8:20 Video Exercise: Activity Room 2 10:00 Shopping**(\$): Lobby 11:00 Wellzesta Help Desk: Community Room 2:00 Grub & Gather: Lobby 2:30 Food Committee: Harvest Restaurant 2:30 Popcorn & Movie "Soul Surfer": Activity Room 2:30 Women's Chorus: Chapel 7:00 Hymn Sing: Chapel (CCTV)	10:00 Men's Coffee Social: 3 Community Room 11:10 Exercise: Chapel (CCTV) 1:30 Movie & Popcorn-"Goodbye, Mr. Chips": Activity Room 2:00 Ice Cream Social: Community Room 6:30 Prayer Circle: Community Room	8:20 Video Exercise: Activity Room 4 10:00 Catholic Service: Activity Room 10:30 Devotion Reading- "Our Daily Bread": (CCTV) 11:00 Catholic Fellowship: Community Room 11:00 Women's Devotion: Chapel 11:00 Culver's Outing**: Lobby 3:00 Chapel Service: Commons Loft 3:10 Twins Home Opener: Activity Room 6:30 Game Night: Community Room	10:00 Friday Social (\$): 5 Community Room 10:30 Resident Meeting: Chapel (CCTV) 11:10 Exercise: Chapel (CCTV) 2:00 Bean Bag Toss: Activity Room 6:30 Bingo: Community Room	1:00 Wii Bowling: 6 Activity Room 6:30 Hymn Sing: Commons Lobby
1:30 Worship Service & Communion with Zion Lutheran: Chapel (CCTV) 2:00 Coffee & Cookie Fellowship: Terrace Lobby	9:00 Trash to Treasure: Activity Room 8 11:10 Exercise: Chapel (CCTV) 1:00 Bible Study: Activity Room Canceled: Chat with Cassie 6:30 Bingo: Community Room	All Day Trash to Treasure: 9 Activity Room 8:20 Video Exercise: Activity Room 10:00 Savers**(\$): Lobby 11:00 Wellzesta Help Desk: Community Room 2:00 Grub & Gather: Lobby 2:30 Popcorn & Movie "Apollo 13": Activity Room 2:30 Women's Chorus: Chapel 7:00 Hymn Sing: Chapel (CCTV)	Trash to Treasure: Activity Room-End 4 PM 10 10:00 Men's Coffee Social: Community Room 11:00 Red Lobster Outing**: Lobby 11:10 Exercise: Chapel (CCTV) 12:00 Twins Game Social: Commons Loft 1:30 Movie & Popcorn- "The Big Country": Activity Room 3:00 Happy Hour BYOB: Community Room 6:30 Prayer Circle: Community Room	8:20 Video Exercise: Activity Room 11 10:00 Catholic Service: Activity Room 10:30 Devotion Reading- "Our Daily Bread": (CCTV) 11:00 Catholic Fellowship: Community Room 11:00 Women's Devotion: Chapel 3:00 Chapel Service with Communion: Commons Loft 6:30 Game Night: Community Room	11:10 Exercise: Chapel (CCTV) 12 2:00 Bean Bag Toss: Activity Room 6:30 Bingo: Community Room	10:00 Family of Christ 13 Lutheran Church Service: Chapel (CCTV) 1:00 Wii Bowling: Activity Room 6:30 Hymn Sing: Fireside Lounge
Volunteer Appreciation Week 1:30 Worship Service with Anoka Methodist: Chapel (CCTV) 2:00 Coffee & Cookie Fellowship: Terrace Lobby	11:10 Exercise: Chapel (CCTV) 15 1:00 Bible Study: Activity Room Canceled: Chat with Cassie 6:30 Bingo: Community Room	8:20 Video Exercise: Activity Room 16 9:45 Card Making**: Activity Room 10:00 Shopping**(\$): Lobby 2:00 Grub & Gather: Lobby 2:30 Popcorn & Movie "Yesterday": Activity Room 2:30 Women's Chorus: Chapel 7:00 Hymn Sing: Chapel (CCTV)	10:00 Men's Coffee Social: 17 Community Room 11:10 Exercise: Chapel (CCTV) 1:30 Movie & Popcorn- "Lt. Robin Crusoe, U.S.N.": Activity Room 6:30 Prayer Circle: Community Room	8:20 Video Exercise: Activity Room 18 10:00 Catholic Service: Activity Room 10:30 Devotion Reading- "Our Daily Bread": (CCTV) 11:00 Dairy Queen Outing**: Lobby 11:00 Catholic Fellowship: Community Room 11:00 Women's Devotion: Chapel 11:00 Baking with Mandy: Activity Room 3:00 Chapel Service: Commons Loft 6:30 Game Night: Community Room	10:00 Friday Social (\$): 19 Community Room 11:10 Exercise: Chapel (CCTV) Canceled: Bean Bag Toss 2:00 Birthday Party with Entertainment by Nigel Egg: Harvest Restaurant 6:30 Bingo: Community Room	1:00 Wii Bowling: 20 Activity Room 6:30 Hymn Sing: Commons Lobby
1:30 Worship Service with Solid Rock Free Lutheran Church: Chapel (CCTV) 2:00 Coffee & Cookie Fellowship: Terrace Lobby	11:10 Exercise: Chapel (CCTV) 22 12:00 Food for Thought Lunch**: Community Room 1:00 Bible Study: Activity Room Canceled: Chat with Cassie 2:00 Entertainment by Vinnie Rose Commons Lobby 6:30 Bingo: Community Room <small>Passover Begins Earth Day</small>	8:20 Video Exercise: Activity Room 23 10:00 DIY Tie Dye Coffee Cups**: Activity Room 10:00 Savers**(\$): Lobby 2:00 Grub & Gather: Lobby 2:30 Popcorn & Movie "The Hill": Activity Room 2:30 Women's Chorus: Chapel 7:00 Hymn Sing: Chapel (CCTV)	10:00 Men's Coffee Social: 24 Community Room 11:10 Exercise: Chapel (CCTV) 1:30 Movie & Popcorn- "Royal Wedding": Activity Room 3:00 Happy Hour BYOB: Community Room 6:30 Prayer Circle: Community Room <small>Administrative Professionals Day</small>	8:20 Video Exercise: Activity Room 25 10:00 Catholic Service: Activity Room 10:30 Devotion Reading- "Our Daily Bread": (CCTV) 11:00 Catholic Fellowship: Community Room 11:00 Women's Devotion: Chapel 2:00 Out of this World Social: Community Room 3:00 Chapel Service: Commons Loft 6:30 Game Night: Community Room	11:10 Exercise: Chapel (CCTV) 26 1:30 Couple's Coffee Connection: Community Room 2:00 Bean Bag Toss: Activity Room 6:15 Coon Rapids High School Play Outing "Newsies" **(\$): Lobby 6:30 Bingo: Community Room <small>Arbor Day</small>	1:00 Wii Bowling: 27 Activity Room 6:30 Hymn Sing: Fireside Lounge
1:30 Worship Service with Riverdale Church: Chapel (CCTV) 2:00 Coffee & Cookie Fellowship: Terrace Lobby 2:30 Fourth Degree Saxophone Quartet: Commons Lobby	11:10 Exercise: Chapel (CCTV) 29 1:00 Bible Study: Activity Room 2:30 Chat with Cassie: Fireside Lounge 3:30 Worship Celebration: Chapel (CCTV) 6:30 Bingo: Community Room	8:20 Video Exercise: Activity Room 30 10:00- 3:00 Pop-Up Sale: Lobby 10:00 Shopping**(\$): Lobby 11:00 Wellzesta Help Desk: Community Room 2:00 Grub & Gather: Lobby 2:30 Popcorn & Movie "Tyson's Run": Activity Room 2:30 Women's Chorus: Chapel 7:00 Hymn Sing: Chapel (CCTV)	 <h1 style="font-size: 48px; color: #4CAF50;">April 2024</h1> <h2 style="font-size: 24px; color: #8B4513;">Terrace WINGS Wellness Calendar</h2>			

Check the Message Board (Ch. 13 or Ch. 991) for the most updated information. (\$) Denotes extra charge for event (**) Denotes sign-up required on Wellzesta