

Marvella Activities ~ April 2024 ~ Part One

	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please check on Wellzesta for possible changes and / or additions.</p>	<p>1 8:00 Meditation Group—CR-T2 1:00 Speaker Fred de Sam Lazaro—TC 1:30 Arbor Fitness—Arb 2:00 Bridge Cards—CR-T1 7:00 Open Card Games—CR-T1</p>	<p>2 8:30 Stretch and Flow—AR 10:15 Chocolate, Chaplain and Chat—ComLib 10:15 Balance 2 - AR 11:00 Chair Mix Level 1—AR 11:00 Mahjong—CR-T1 1:00 Restoring Waters Visit 1:15 Line Dancing 101 2:00 Dominoes/Games—CR-T1 2:00 Aqua Aerobics 3:00 "Tampopo"—Th 2:45 Open Swim—P 6:30 Sewing Group—MS 7:00 Pool Hall Games—CR-T2</p>	<p>3 8:30 Floor Power—AR 10:15 Balance 1 - TC 11:00 Commons Fitness 11:00 Apostle Paul Education—TC 12:30 Cribbage—CR-T1 1:30—Rummikub—ComLib 1:30 Arbor Fitness—Arb 2:15 Chair Level 1—AR 3:00 Easter Worship Service—Ch 4:00 Happy Hour—CR-T1 6:30 Yahtzee/Games—CR-T1 7:15 Knitter's / Crafts</p>	<p>4 8:30 Tai Chi —TC 10:15 Balance 2 - AR 10:15 Arbor Worship—Arb 11:00 Art Project—Commons 11:00 Chair Mix Level 1 11:45 CDH Students-TC 12:30 OLLI Series—Th 2:15 "Lost Twin Cities 4" 2:45 Open Swim—Pool 3:30 Bible Study—Private DR 5:30 Women's Dinner—DR 6:00 Shuffleboard—CR-T1</p>	<p>5 8:15 Yoga (Level 2) — AR 1:30 Arbor Fitness—Arb 2:00 "The Holdovers" (repeat showing) Th 2:00 Mahjong/Open Games—CR 2:15 Chair Mix —AR 2:45 Open Swim 3:15 "The Singing Cowgirl" - Arbor 4:00 Happy Hour —CR-T1</p>	<p>6 7a-9p Saturday Buddy Swim 1:00 "Air" — Th 2:00 Cribbage / Open Games—CR</p>
<p>7 2:00 Marvella Film Society: "The Lives of Others" - Th 3:00 Mah Jong—CR-T1 6:00 Ping Pong—CR-T2</p>	<p>8 8:00 Meditation Group—CR-T2 8:30 Yoga (Level 2) —AR 10:15 Balance Class Level 1-AR 11:00 Commons Exercise 12:30 Strictly Strength-AR 1:00 Marvella Speaker Series—James Lenfesty 1:30 Arbor Fitness 2:15 Yoga Level 1 3:00 "Matthew Hope" music in the Arbor 3:00 Praying Hands Care Committee—PDR 7:00 Open Card Game Night—CR-T1</p>	<p>9 8:30 Tai Chi —TC 9:00 Catholic Mass—Ch 10:15 Chocolate, Chaplain, Chat - Total Eclipse—ComLib 10:15 Balance 2 - AR 11:00 Chair Mix Level 1—AR 11:00 Mahjong—CR-T1 2:00 Aqua Aerobics—AR 2:00 Dominoes/CR-T1 2:45 Open Swim—Pool 3:00 "Haute Cuisone"—Th 6:30 Sewing Group—MS 7:00 Pool Hall Games—CR-T2</p>	<p>10 8:30 Floor Power—AR 10:15 Balance 1 - TC 11:00 Maker's Space Keepers Initial Meeting—MS 11:00 Commons Fitness 12:30 Cribbage—CR-T1 1:30—Rummikub—ComLib 1:30 Arbor Fitness—Arb 2:00 Choir Practice —TC 2:15 Chair Level 1—AR 3:00 Weekly Worship Service—Ch 4:00 Happy Hour—CR-T1 6:30 Yahtzee/Games—CR-T1 7:15 Knitter's / Crafts Group—CR-T2</p>	<p>11 8:30 Tai Chi —TC 10:15 Balance 2 - AR 10:15 Arbor Worship—Arbor 11:00 Art Project—Commons 11:00 Chair Mix Level 1 11:45 CDH Students-TC 12:30 OLLI Series—Th 1:00 Jewish Discussion Group—Jewish and Christian Ethics 2:45 Open Swim—Pool 3:00 Maundy Thursday Service,—Ch 3:30 Bible Study—Private DR 5:30 Women's Dinner—DR 6:00 Shuffleboard—CR-T1</p>	<p>12 8:15 Yoga (Level 2) — AR 10:15 Balance 1 - TC 11:00 Commons Fitness 1:30 Arbor Fitness—Arb 2:00 Monthly Birthday Party with the Gary Gingery Jazz Trio-TC 2:00 Mahjong/Open Games—CR 2:15 Chair Mix —AR 2:45 Open Swim 4:00 Spring into Spring Potluck! - CR-T2</p>	<p>13 7a-9p Saturday Buddy Swim 9:30a-12:30p Family Swim Time 1:30 "The Adventures of Milo and Otis" — Th 2:00 Cribbage / Open Games—CR</p>
<p>14 3:00 Mah Jong—CR-T1 6:00 Ping Pong—CR-T2</p>	<p>15 8:00 Meditation Group—CR-T2 8:30 Yoga (Level 2) —AR 10:15 Balance Class Level 1-AR 11:00 Commons Exercise 12:30 Strictly Strength-AR 1:00 Marvella Speaker Series—Fred Deschamps 1:30 Arbor Fitness 2:15 Yoga Level 1 2:00 "Robert Lipscomb" music in the TC 3:00 Grief Group—PDR 7:00 Open Card Game Night—CR-T1</p>	<p>16 8:30 Tai Chi —TC 10:15 Chocolate, Chaplain, Chat - ComLib 10:15 Balance 2 - AR 11:00 Chair Mix Level 1—AR 11:00 Mahjong—CR-T1 1:00 Honoring Choices Advanced Care Planning-TC 2:00 Aqua Aerobics—AR 2:00 Dominoes/CR-T1 2:45 Open Swim—Pool 3:00 "The Trip"—Th 6:30 Sewing Group—MS 7:00 Pool Hall Games—CR-T2</p>	<p>17 8:30 Floor Power—AR 10:15 Balance 1 - TC 11:00 Commons Fitness 12:30 Cribbage—CR-T1 1:00 OboeBass! - TC 1:30—Rummikub—ComLib 1:30 Arbor Fitness—Arb 2:15 Chair Level 1—AR 3:00 Weekly Worship Service—Ch 4:00 Wine Tasting—CR-T1 6:30 Yahtzee/Games—CR-T1 7:15 Knitter's / Crafts Group—CR-T2</p>	<p>18 8:30 Tai Chi —TC 10:15 Balance 2 - AR 10:00 Resident Meeting for T1-TC 10:15 Arbor Worship—Arbor 11:00 Art Project—Commons 11:00 Chair Mix Level 1 11:45 CDH Students-TC 12:30 OLLI Series—Th 2:00 Resident Meeting for T2-TC 2:45 Open Swim—Pool 3:00 Maundy Thursday Service,—Ch 3:30 Bible Study—Private DR 5:30 Women's Dinner—DR 6:00 Shuffleboard—CR-T1</p>	<p>**Location Index: AR—Aerobics Room Arb—Arbor Bill—Billiards Room Ch - Chapel ComLib—Commons Library CR - T1—Terrace 1 Club Room CR - T2—Terrace 2 Club Room DR - Dining Room FC-T1—Fitness Center in Terrace 1</p>	<p>**Location Index: FC-T2—Fitness Center in Terrace 2 Gym—Gym Lib - Library MS—Maker's Space P—Pool PDR—Private Dining Room RD - Reception Desk Th - Theater (LL) TC—Town Center</p>