The Gables Life Enrichment Calendar



2024

			ALA			
Sun	Mon	Tue	Wed	Thu	Fri	Sat
***Activities are subject to change. Please see the Scroller (Ch. 991 on your TV) for updates and changes.	Location Key: (MC) - Main Chapel (C) - Care Center Chapel (FC) - Fitness Center (2N) - Second Floor North (2S) - Second Floor South (P) - Patio (EC) - Event Center				1 9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:30 Cards (2N) 1:00 Resident Council (2N) 2:00 Coffee & Coloring Fun (2N) 3:00 Dominoes	2 10:00 Classic TV Shows 10:30 1:1 Visits, Nails (2N) 2:00 1:1 Visits, Nails (1N)
3	4	5	6	7	8	9
9:45Singalong (1N) 10:00 Classic TV Shows 10:45 Singalong (2N) 1:45 March Craft (1N) 3:00 March Craft (2N)	9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Balloon Toss (2N) 10:30 Christ the Lord Service 2:00 BINGO 2N) 5:45 Adult Coloring	10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (2N) 2:15 BINGO (2N) 6:30 Movie Night	9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:30 Short Stories (2N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N) 5:45 Trivia Night	9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 Arts and Crafts (2N)	9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:30 Cards (2N) :00 Coffee & Coloring Fun (2N) 5:45 Dominoes	10:00 Classic TV Shows 10:30 Exercise (2N) 2:00 BINGO (2N)
10:00 Classic TV Shows 10:30 Exercise (2N) 2:00 Irish Fiddle music with Marta (2N)	11 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Balloon Toss (2N) 10:30 Christ the Lord Service 2:00 Irish Music with Steve Weigner (1N) 5:45 Adult Coloring	12 Coffee With Culinary 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (2N) 2:15 Coffee With Culinary (2N) 6:30 Movie Night	13 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Short Stories (2N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N) 5:45 Trivia Night	14 Monthly Birthday Party 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (2N) 2:15 Monthly Birthday Party 2N) With Chris & Steve	9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:30 Cards (2N) 2:00 Coffee & Coloring Fun (2N) 3:00 Dominoes	9:45 Lucky Table Toss (1N) 10:45 Lucky Table Toss (2N) 1:45 Lucky BINGO (1N) 3:00 Lucky BINGO (2N)
9:45Singalong (1N) 10:00 Classic TV Shows 10:45 Singalong (2N) 1:30 1:1 Visits (1N) 3:00 1:1 Visits (2N)	18 O'Malley's Outing 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Resident Outing (2N) 10:30 Christ the Lord Service (Channel 992) 2:00 Music with Megan (1N) 3:00 Adult Coloring	19 Resident Council 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (2N) 2:15 Resident Council (2N) 3:00 Ice Cream Social (2N) 6:30 Movie Night	20 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Short Stories (2N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N) 5:45 Trivia Night	21 St. Patrick's Day Social 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (2N) 2:15 St. Patrick's Day (2N) 5:45 Active Games	22 Yarusso &Bros Outing 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Resident Outing 10:00 Cards (2N) 2:00 Coffee & Coloring Fun (2N) 3:00 Dominoes	10:00 Classic TV Shows 10:30 Exercise (2N) 2:00 1:1 Visits, Nails
10:00 Classic TV Shows 10:30 Painting Group (2N) 2:00 BINGO (2N)	25 Drumming Group 9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Balloon Toss (2N) 2:45 Drumming Group (1N)	9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:00 Open Gym (FC) 10:30 Singalong (1N) 1:45 Afternoon Aerobics (2N) 2:15 BINGO (2N) 6:30 Movie Night	27 10:00 Morning Exercise (2N) 10:00 Open Gym (FC) 10:30 Short Stories (2N) 11:00 Catholic Mass (MC) 2:00 Chapel Service (C) 2:30 Coffee Social Hour (1N) 5:45 Trivia Night	9:00 Friendly Visits 10:00 Morning Exercise (1N) 10:30 Dominoes (1N) 11:00 Rosary (C) 1:45 Afternoon Aerobics (1N) 2:00 Arts and Crafts (2N) 5:45 Active Games	9:00 Friendly Visits 10:00 Morning Exercise (2N) 10:00 Cards (2N) 2:00 Coffee & Coloring Fun (2N)	9:45 Toss Game (1N) 10:45 Toss Game (2N) 1:45 Easter Trivia (1N) 3:00 Easter Trivia (2N)