

FUNCTIONAL ASSESSMENT AND SERVICE AGREEMENT/PLAN - COMMONS

| Resident Name: | | DOB: | Sex: | Date: |
|------------------------------|--|--|---|--|
| Physician: | | Diagnosis: | | |
| Bathing | | | | |
| (0) | Independent | | | |
| (5) 1x/week (10) 2x/week | Shower (stand by assist only-no hands-on a being present in apartment for safety. | ssistance): service | should not exceed 30 |) min. Includes set-up of supplies, and |
| (7) 1x/week (14) 2x/week | Shower (one person assist): service should regular nail clipper. Not available for diabetic out of shower, washing back, hair, feet, diffic | cs or those taking bl cult to reach areas a | ood thinning medicat and drying off. | ions. Includes assist with getting in and |
| (10) 1x/week (20) 2x/week | Shower (mechanical lift): service should not nail clipper. Not available for diabetics or the shower, washing back, hair, feet, difficult to a | ose taking blood thir | ning medications. In | cludes assist with getting in and out of |
| (3) 1x/week (6) 2x/week | Shampoo Only: for example, in a sink or with | n a shower cap (ind | ependent of shower of | or bath). |
| (9) 1x/week (18) 2x/week | Whirlpool/Sponge (one person assist): serving with a regular nail clipper. Not available for cand out of whirlpool, set-up of supplies, was | diabetics or those ta | king blood thinning m | nedications. Includes assist with getting in |
| (12) 1x/week (24) 2x/week | Whirlpool/Sponge (mechanical lift): service sa regular nail clipper. Not available for diabe out of whirlpool, set-up of supplies, washing. | etics or those taking | blood thinning medic | ations. Includes assist with getting in and |
| O /D | | | | |
| Grooming/Dressing | - | amb bair bruah taati | a or donturos, abovo | and use deaderant without halp. Able to |
| (0) | <u>Independent:</u> Can wash hands and face, co put on, fasten and remove all clothing witho | | Tor dentures, shave, | and use deodorant without help. Able to |
| (7) 1x/day | Ted Hose/Ace Wrap/Velcro Leg Wrap Assis wraps. After removing wash and hang to dry | stance: Assistance p | | |
| (14) 2x/day (0) | No Charge - Ted Hose/Ace Wrap/Velcro Le | • | | <u> </u> |
| (0) | off ted hose, ace wraps, or Velcro leg wraps bandages. | | | |
| (7) 1x/day (14) 2x/day | Verbal Cueing/Grooming-Verbal Cueing: Upwashing up, brushing teeth, cleaning dentur | | | |
| (28) | Standard Assist AM: Up to 15 min. Assist w washing face, putting in dentures. This is mactively participates. | | | |
| (14) | Standard Assist PM: Up to 15 min. Assist washing face, removing dentures. This is mactively participates. | | | |
| (42) | Extensive Assist AM: Up to 30 min. Assist w putting in dentures. This is total assist from | | | he day. Brushing teeth and washing face, |
| (28) | Extensive Assist PM: Up to 30 min. Assist washing face, removing dentures. This is to | | | |
| (84) | Extensive Max AM: Up to 60 min. Assist wit putting in dentures. This is total assist from | | | e day. Brushing teeth and washing face, |
| (56) | Extensive Max PM: Up to 60 min. Assist wit face, removing dentures. This is total assist | | | pare for bed. Brushing teeth and washing |
| Resident's preferred | time to get up and go to bed: | | | |

| Physical Assistance | <u>B</u> |
|---|--|
| (0) | Independent: Ambulates without assistance or uses cane, walker or wheelchair independently. |
| (0) | <u>Courtesy Escort:</u> includes to and from destination with wheelchair, walker or stand-by assist or use of gait belt and firm grip on belt. Escort Resident to and from meals and activities for the first 5-7 days. |
| (12) 1x/ day (24) 2x/ day (36) unlimited times per day | Escort: All include to and from destination with wheelchair or stand-by assist with or without gait belt. |
| (21) | Exercise Walking: Up to 15 minutes gait belt required. See exercise instructions provided by nurse or PT. |
| (42) | Exercise Walking with Wheelchair behind (2 staff assist): Up to 15 minutes gait belt required. See exercise instructions provided by nurse or PT. Second person required to push wheelchair behind. Cannot exceed assist of 2. |
| (14) | Bed Mobility/Repositioning (one person assist): Need help to sit up or reposition in bed. |
| (24) | Bed Mobility/Repositioning (mechanical lift or assist of 2): Need help to sit up or reposition in bed. Draw sheet can be used (minimal lifting). Cannot exceed assist of 2. |
| (14) | Transfer Assistance (one person assist): Gait belt required and firm grip on belt to transfer. |
| (24) | Transfer Assistance (mechanical lift): If resident is unable to bear weight more than 8 seconds independently. Cannot exceed assist of 2. Type of lift: Number of staff to use with lift: |
| | Sling or vest type and size: |
| (0) | Bed Assist Device: PT Bed Cane HALO Other FDA Approved Device: |
| Non-Bed Assist Devi | ce Used: |
| Toileting Assist | |
| Toileting Assist | Independent |
| (0) (55) | Standard Bathroom Assist (one person assist stand by): 1-6x/day. Includes reminders and cueing to assure proper hygiene. Staff will stay with resident to toilet, remind to clean up, wash hands, empty trash and flush toilet. |
| (77) | Standard Bathroom Assist (2 staff for stand by assist for safety): 1-6x/day. Includes reminders and cueing to assure proper hygiene. Staff will stay with resident to toilet, remind to clean up, wash hands, empty trash and flush toilet. (Do not lift or transfer, second person for safety only.) Cannot exceed assist of 2. |
| (86) | Standard Bathroom Assist (one person assist stand by): 7x or more per day. Includes reminders and cueing to assure proper |

| (0) | <u>Independent</u> |
|-------------------|--|
| (55) | Standard Bathroom Assist (one person assist stand by): 1-6x/day. Includes reminders and cueing to assure proper hygiene. |
| | Staff will stay with resident to toilet, remind to clean up, wash hands, empty trash and flush toilet. |
| (77) | Standard Bathroom Assist (2 staff for stand by assist for safety): 1-6x/day. Includes reminders and cueing to assure proper hygiene. Staff will stay with resident to toilet, remind to clean up, wash hands, empty trash and flush toilet. (Do not lift or transfer, second person for safety only.) Cannot exceed assist of 2. |
| (86) | Standard Bathroom Assist (one person assist stand by): 7x or more per day. Includes reminders and cueing to assure proper hygiene. Staff will stay with resident to toilet, remind to clean up, wash hands, empty trash and flush toilet. |
| (102) | Standard Bathroom Assist (2 staff for stand by assist for safety): 7x or more per day. Includes reminders and cueing to assure proper hygiene. Staff will stay with resident to toilet, remind to clean up, wash hands, empty trash and flush toilet. (Do not lift or transfer, second person for safety only.) Cannot exceed assist of 2. |
| (86) | Extensive/Incontinence Assist: 1-6x/day. Includes assistance getting on and off toilet, product usage, cleaning or peri-care, trash emptying of incontinence products. Cannot exceed assist of 2. |
| (114) | Extensive/Incontinence Assist: 7x or more per day. Includes assistance getting on and off toilet, product usage, cleaning or peri-care, trash emptying of incontinence products. Cannot exceed assist of 2. |
| (11) per time/day | <u>Catheter/Colostomy Assist:</u> Includes physical assistance with catheter care. Colostomy assist including emptying colostomy. Type of Device: |
| | |

| Safety Checks | |
|---------------|--|
| (0) | <u>Independent</u> |
| (7) | Commons Reassurance Checks 1x/day: This is a scheduled check time. Check resident for safety |
| (30) | Commons Reassurance Check every 2 hours: This is a scheduled check time. Check resident for safety |
| (28) | <u>Commons Redirection/Problem Solving-Moderate:</u> Resident requires staff intervention related to anxious, irritable, or demanding behaviors. Resident responds to cues and interventions. |
| (70) | <u>Commons Redirection/Problem Solving-Extensive:</u> Resident requires staff intervention related to episodes of hallucinations, wandering, anxious, irritable, withdrawn or similar behaviors. Resistive to cares or aggressive. Risk of abuse to self/others. |

| Medication Manage | <u>ement</u> |
|--|---|
| (0) | <u>Independent</u> |
| (5) | Medication Ordering and Handling Only |
| (15) | Medication Monitoring/Management (1-8 meds): Nurse to assist with ordering, storage and set-up of medication. This includes all oral, topical, inhalation, eye, ear, rectal, and as needed medications. Weekly monitoring includes medication compliance, PRN usage, checking for needed refills and medication expiration dates. |
| (20) | Medication Monitoring/Management (9+ meds): Nurse to assist with ordering, storage and set-up of medication. This includes all oral, topical, inhalation, eye, ear, rectal, and as needed medications. Weekly monitoring includes medication compliance, PRN usage, checking for needed refills and medication expiration dates |
| (25) | Medication Monitoring/Management and Syringe set up and/or insulin pen: Nurse to assist with order, storage and set-up of medication. This includes all oral, topical, inhalation, eye, ear, rectal, and as needed medications. Nurse to assist filling syringes for scheduled medications or setting up insulin pen. Weekly monitoring includes medication compliance, PRN usage, checking for needed refills and medication expiration dates. |
| (9) per time | Medication Administration: Resident Assistant to administer meds. May include the following routes (oral, topical, inhalation, or eye/ear). This does not include administration of injections-see diabetes management for insulin injection options. |
| (7) | <u>Special Medication Administration:</u> This includes-crushing medications, checking blood pressure, pulse or weight prior to giving medications. |
| (11) per time/day (0) if same time as med admin | Nebulizer: Includes assistance and supervision with nebulizer. This includes rinsing out the unit after use. |
| (0) | Nebulizer Maintenance: Weekly change tubing and mask. Follow delegated procedure. |
| (11) 1x/day (22) 2x/day (0) if same time as med admin | <u>CPAP:</u> Includes assistance with CPAP. This includes wiping after use and filling with water. |
| (0) | CPAP Maintenance: Weekly cleaning and filling with water. Follow delegated procedure. |
| (7) 1x/day (14) 2x/day (21) 3x/day | Oxygen Management: Oxygen up to 5mL/min and determined stable by provider/site RN (exception hospice). Includes making sure portable oxygen tank is full, checking to make sure accurate flow rate is set. changing tubing monthly, and filling humidity bubblers. Need MD order for monitoring and no parameters Liters required |
| (0) | Oxygen Maintenance: Weekly change tubing, cannula or mask, water reservoir. Fill and check water level. Wash filter. |
| | |
| Diabetes Managem | |
| (0) | <u>Independent</u> |
| (7) per time/day (or less than 1x/day) | <u>Blood Sugar 1x/day or less:</u> MD order will be obtained for parameters for when to notify for high or low blood sugar. Staff will be made aware of this parameter. |
| (7) per time/day (or less than 1x/day) | Insulin Handing 1x/day or less: Includes resident assistant handing insulin to resident to self-inject. Resident needs to be able to safely manage administration. Medication management fee is required. |
| (7) per time/day (or less than 1x/day) | Insulin Handing and Blood Sugar check 1x/day or less: MD order will be obtained for parameters for when to notify for high or low blood sugar. Staff will be made aware of this parameter. Includes resident assistant handing insulin to resident to self-inject. Resident needs to be able to safely manage administration. Medication management fee is required. |
| (7) per time/day | Insulin Administration and Blood Sugar check 1x/day: MD order will be obtained for parameters for when to notify for high or low blood sugar. Staff will be made aware of this parameter. Includes the staff administering the insulin to resident. Insulin |

____(7) per time/day

Insulin Administration 1x/day: MD order will be obtained for parameters for when to notify for high or low blood sugar. Staff will

be made aware of this parameter. Includes the staff administering the insulin to resident. Insulin site rotation needed.

site rotation needed. Medication management fee is required.

Medication management fee is required.

| <u>stance</u> |
|---|
| <u>Independent</u> |
| Plate Set Up: Assistance with plate set up and preparation to eat. |
| <u>Light Breakfast (10 min):</u> Resident requests a light breakfast or a light snack to be prepared in their apartment. A light breakfast might consist of toast, juice, instant hot cereal or cold cereal and coffee. Food and utensils provided by resident. |
| Meal Assistance: Includes plate set up and observation throughout meal. Cueing to eat. |
| Snacks/Fluids 1x/day: Bring snack or fluids to resident. Resident must consume independently. |
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| Wellness and Treati | ments enter en |
|---------------------|--|
| (0) | Independent: Hears well, understands others: Sees adequately with/without glasses: |
| | Easily understood/communicates effectively: Goes to clinic for lab monitoring: |
| (1) if less than | <u>Vital Monitoring:</u> Includes staff checking pulse, blood pressure, weight and/or pulse oximeter (if not addressed under special |
| daily per time/week | medications). |
| (7) if daily: per | |
| time/day | |
| (7) | Sensory/Communication 2x/day: Hearing impaired, needs reminders to use hearing aid (adjust volume, change battery, needs assist in ordering hearing aid batteries, etc.). Needs reminders to wear glasses. Staff time required due to difficulty speaking. Locking up hearing aides in medication cabinet in PM and taking out in AM. |
| (0) | No Charge - Sensory/Communication 2x/day (if done with AM or PM cares): Hearing impaired, needs reminders to use hearing aid (adjust volume, change battery, needs assist in ordering hearing aid batteries, etc.). Needs reminders to wear glasses. Staff time required due to difficulty speaking. Locking up hearing aides in medication cabinet in PM and taking out in AM. |
| (11) | <u>Basic Wound Care 1x/day:</u> Includes simple dressing changes or wound or skin treatments per physician orders (for Resident Assistant to complete). |
| (7) per time/day | <u>Treatments:</u> Includes any physician ordered treatment-ice packs, Tens Unit, ear care, incentive spirometry, etc. |
| (7) per time/day | <u>Treatment-Lotion, Ointment, and/or Cream:</u> Includes any lotion, ointment or cream application <u>not</u> done with AM/PM Cares or Medication Administration. (Lotion, ointment and/or cream must be entered with this service to appear on the medication list however if it is assigned as a service it does not need to appear on the MAR: select "Suppress from MAR" to prevent from flowing to the MAR.) |
| (0) | No Charge-Treatment Lotion, Ointment, and/or Cream: Includes any lotion, ointment or cream application done with AM/PM Cares or Medication Administration. (Lotion, ointment and/or cream must be entered with this service to appear on the medication list however if it is assigned as a service it does not need to appear on the MAR: select "Suppress from MAR" to prevent from flowing to the MAR.) |
| **See Grooming/Dres | ssing section for Ted Hose, Ace Wraps and Velcro Leg Wraps |

| <u>Other</u> | |
|--------------|--|
| (7) | Homemaking 1x/day up to 15 min: Includes daily bed making, washing dishes, making coffee, taking garbage out, etc. |
| (\$95) | Laundry 8 loads per month |
| (0) | Basic Linen Change: weekly linen change |

| Risk re Assess | eviewed with re | o resident/responsible party resident/responsible party d to reflect decline of service ted | garding benefit/need | for services | |
|---|---|---|---|--|--|
| vices bei | ing provided | by family/responsible party: | | | |
| rvices be | ing provided | by Outside Agency: | | | |
| | | | | | |
| ompare Pl | HS Points repo | ort from RTasks to points totale | ed on Functional Asse | essment before assignir | ng package level and printing service |
| ompare Placement.) onthly Fee Complete |): | onal assessment with change | _ | · | |
| ompare Phreement.) onthly Fee Complete e amount Package | a new function | onal assessment with change al: Effective 10/1/2023 | es in care and sign Package | new service agreemer | effective 10/1/2023 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 | a new function per point total Points 0-9 | onal assessment with change al: Effective 10/1/2023 Included in base rent | es in care and sign Package HC9 | new service agreemer Points 194-216 | Effective 10/1/2023 \$ 3,650 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 | a new function per point tota Points 0-9 10-32 | conal assessment with change al: Effective 10/1/2023 Included in base rent \$ 430 | Package HC9 HC10 | Points 194-216 217-239 | Effective 10/1/2023 \$ 3,650 \$ 3,860 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 | per point total Points 0-9 10-32 33-55 | conal assessment with change al: Effective 10/1/2023 Included in base rent \$ 430 \$ 860 | Package HC9 HC10 HC11 | Points 194-216 217-239 240-262 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 | a new function per point total Points 0-9 10-32 33-55 56-78 | Effective 10/1/2023 Included in base rent \$ 430 \$ 860 \$ 1,290 | Package HC9 HC10 HC11 HC12 | Points 194-216 217-239 240-262 263-285 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 HC4 | a new function per point total Points 0-9 10-32 33-55 56-78 79-101 | conal assessment with change al: Effective 10/1/2023 Included in base rent \$ 430 \$ 860 \$ 1,290 \$ 1,720 | Package HC9 HC10 HC11 HC12 HC13 | Points 194-216 217-239 240-262 263-285 286-308 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 |
| complete e amount Package HC0 HC1 HC2 HC3 HC4 HC4 HC5 | a new function per point total Points 0-9 10-32 33-55 56-78 79-101 102-124 | conal assessment with change al: Effective 10/1/2023 Included in base rent \$ 430 \$ 860 \$ 1,290 \$ 1,720 \$ 2,150 | Package HC9 HC10 HC11 HC12 HC13 HC14 | Points 194-216 217-239 240-262 263-285 286-308 309-331 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 \$ 4,700 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 HC4 HC4 HC5 HC6 | per point total Points 0-9 10-32 33-55 56-78 79-101 102-124 125-147 | Included in base rent \$430 \$860 \$1,720 \$2,150 \$2.580 | Package HC9 HC10 HC11 HC12 HC13 HC14 HC15 | Points 194-216 217-239 240-262 263-285 286-308 309-331 332-354 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 \$ 4,700 \$ 4,910 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 HC4 HC5 HC6 HC6 HC7 | per point total Points 0-9 10-32 33-55 56-78 79-101 102-124 125-147 148-170 | Included in base rent \$ 430 \$ 860 \$ 1,290 \$ 1,720 \$ 2,150 \$ 2.580 \$ 3,010 | Package HC9 HC10 HC11 HC12 HC13 HC14 HC15 HC16 | Points 194-216 217-239 240-262 263-285 286-308 309-331 332-354 355-377 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 \$ 4,700 \$ 4,910 \$ 5,120 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 HC4 HC5 HC6 HC6 HC7 | per point total Points 0-9 10-32 33-55 56-78 79-101 102-124 125-147 | Included in base rent \$430 \$860 \$1,720 \$2,150 \$2.580 | Package HC9 HC10 HC11 HC12 HC13 HC14 HC15 | Points 194-216 217-239 240-262 263-285 286-308 309-331 332-354 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 \$ 4,700 \$ 4,910 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 HC4 HC5 HC6 HC7 HC6 | per point total Points 0-9 10-32 33-55 56-78 79-101 102-124 125-147 148-170 171-193 | Included in base rent \$ 430 \$ 860 \$ 1,290 \$ 1,720 \$ 2,150 \$ 2.580 \$ 3,010 | Package HC9 HC10 HC11 HC12 HC13 HC14 HC15 HC16 HC17 | Points 194-216 217-239 240-262 263-285 286-308 309-331 332-354 355-377 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 \$ 4,700 \$ 4,910 \$ 5,120 \$ 5,330 |
| ompare Phreement.) onthly Fee Complete e amount Package HC0 HC1 HC2 HC3 HC4 HC4 HC5 HC6 HC7 HC8 Ancillary F | a new function per point tota Points 0-9 10-32 33-55 56-78 79-101 102-124 125-147 148-170 171-193 Fees: Nurse | Included in base rent \$ 430 \$ 860 \$ 1,290 \$ 1,720 \$ 2,150 \$ 2,580 \$ 3,010 \$ 3,440 | Package HC9 HC10 HC11 HC12 HC13 HC14 HC15 HC16 HC17 Resident Assistant | Points 194-216 217-239 240-262 263-285 286-308 309-331 332-354 355-377 378-400 | Effective 10/1/2023 \$ 3,650 \$ 3,860 \$ 4,070 \$ 4,280 \$ 4,490 \$ 4,700 \$ 4,910 \$ 5,120 \$ 5,330 |