

March 2024

## Cupids spotted!

Founders Ridge was decorated in reds, pinks and purples for Valentine's Day. Everywhere one looked, there was a heart or a rose or a saying of affection. This year, Valentine's Day overlapped with another holiday: Ash Wednesday. You may notice some people with smudges on their foreheads in these photos. It is ash, a tradition for many Christians to remind them of the deep love God has for us by sending His only beloved Son, Jesus to die for the sins of the world.

This Valentine's Day, our staff were busy delivering treats to the residents from the people who love them. Some received candy, flowers, or a singing telegram. Some received all three. It was a fun way to top off the day here at Founders Ridge. It is such a joy to serve the residents who live here on behalf of their families.

These photos show our team of cupids, (Ramon, Desirae, Vicky and sometimes Blanca), delivering flowers and songs to (clockwise from the top) Terry Schroeder, Joan Seha and Nancy Dahl.



# The Ridgeline

## Shining stars



Once again, residents have graciously recognized the constellation of talented staff here at Founders Ridge. Here is a sampling of their stellar praise given to our staff.

### **Brenda Swan**

"[She...] brings out the sunshine in a person."

"She helps us every day in every way and always with a smile."

### **Tiffany Jackson**

"Tiffany is always there with a big smile doing a perfect job and we love her dearly."

"She has a smile and a warm greeting for everyone. Her enthusiasm makes all feel better."

### **Margaret, (Peggy), Kelly**

"Always goes above and beyond in being helpful and kind and friendly."

"She is the go-to for almost everything and does it all with peace and compassion."

### **Bailey Birt**

"So kind to help me set up my printer."

### **Leonard Crain**

"Leon is a very conscientious worker..."

### **Ashley Varcoe**

"Very pleasant and very helpful."

### **Chika Ude**

"Chika is energetic and totally engages with the Arbor residents."

### **Zewdnesh Assefa**

"Compassionate, kind, caring, cheerful, self starter."

### **Sara Zewdu**

"Compassionate, kind, caring, cheerful and self starter."

### **David Chaves**

"Dave always gets the job done and does it with a smile. We are blessed."

### **Cynthia Probst**

"She is kind and treats all with pleasantries, all while doing a good job."

### **Lindsey Muellerleile**

"Positive attitude; willingness to help; pleasant personality."

"She is engaging and encouraging. She listens well and asks questions on how best to help."

### **Rob James**

"Friendly to everyone and helpful when asked for advice."

### **Dustin Delfs**

"Exemplary service!"

### **Heather Fallin**

"...Always made time for conversation with mom even during her break times..."

### **Edinah Nyangau**

"Thank you Edinah for your extra care and concern, it is very appreciated!"

### **Cristal Sanchez Cerero**

"She always speaks patiently and calmly to my mom and other residents"

### **Annah Ondari**

"I was so impressed with Annah's thoughtfulness."

### **Monica Groebner**

"Monica is conscientious and kind to mom."

### **Diane Taropurua**

"It is heartwarming to see mom participate in Dee's activities instead of napping or rearranging things in her room."

### **Selena Jackson**

"Selena is a very kind, gracious, considerate and conscientious person."

## 2024 Outlook

By Jennifer Brodahl

Another year has passed by so quickly here at Founders Ridge. I hope you were able to find time to reflect on 2023 and give thanks for the many blessings God provided. Last November I welcomed my 11th grandchild!

We are still early enough in 2024 to consider the direction God may be leading us. I'm excited to see what each day brings for each one of us.

### **A RECIPE TO LIVE BY**

“Take a cup of forgiveness, stir in some of God’s grace, then fold it into your heart and this recipe you’ll embrace.

But, you’ll need to keep adding, more ingredients

## Love is in the air

Monday, February 12 was a night of music and a special meal. Our residents ate some of the largest Prime Rib cuts ever witnessed in history and were regaled with Jazzy love songs performed by Sheridan Zuther (vocalist), a pianist and a bass player.



as you go, if you plan on having a year where love can rise and grow.

You’re going to need patience, at least a cup or two... if you want to have meekness bubbling up inside of you.

Slowly blend in a heaping spoonful of goodness; beat into the mixture to whip up gentleness.

Don’t forget to add a pinch of joy; and, as you whisk it into peace, add a dollop of faith and trust, so hope you will release.

If you live in the spirit, you will need to walk in it, too... If you follow this recipe to produce His fruit in you!”

~Author Unknown



*Top: Sheridan sings in the background while Ray and Joyce Korsten dance.*

*Left: Adrienne Birkholz, Mary Hedgcock and Gloria Strom*

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Presbyterian Homes & Services is a nonprofit organization and an equal opportunity employer serving older adults through community services, housing, and health care.

## PHS president & CEO announces retirement, board transition plan

### **Dear Presbyterian Homes & Services family,**

It has been a blessing and joy to be part of this ministry for more than 47 years. I am in awe of how God has blessed us and has been faithful through every challenge. The Lord has been in it all, shepherding, guiding and prospering this organization.

My wife, Jeannie, and I have prayerfully considered the best time to step away from my role at PHS and retire. We have determined that now is the right time. As such, I have notified the PHS Board of my intent to retire in spring 2025.

I am humbled, thankful and privileged to have been part of this ministry for my entire career. I have been honored to work side-by-side with an outstanding board, a great leadership team, as well as capable and extraordinarily gifted staff.

You have been an inspiration to me as I have tried to serve with commitment and compassion. Because of

you, our ministry truly embodies and extends our mission to honor God by enriching the lives and touching the hearts of older adults.

A search committee, appointed by the PHS board, has convened. They will meet frequently over the next 12 months to identify, recruit and recommend to the PHS Board the next President/CEO of Presbyterian Homes & Services.

Thank you for your friendship and for your support in this important mission. Together, and with God's hand of blessing, we have a strong foundation. As we look ahead in anticipation, we have adopted Jeremiah 29:11 as a scriptural framework:

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

With deepest gratitude,  
Dan Lindh, President & CEO