the gables Care Center

Long Term Care Skilled Nursing Care



A shared ministry of the Sisters of Charity, BVM and Presbyterian Homes & Services.

Welcome to Mount Carmel Bluffs

Imagine a place where residents receive quality care while exercising their freedom to decide what their "best day" includes.

At Mount Carmel Bluffs, each day here unfolds according to the resident's wishes through Liberty Personally Designed Living[™], an innovative approach to care. Whether it be rising at their leisure and enjoying a late breakfast or spending an afternoon watching football on television accompanied by their favorite snacks, residents orchestrate the lifestyle of their design, celebrating their independence and dignity.

Matching Care Settings to Your Needs

Within this community, there may be designated areas for specialty care, such as intensive care needs and dementia care. If your needs change during your stay, you may be relocated to the area that is better designed to meet your needs. For example, if your condition improves, you may be moved to an area that serves those with less need for skilled nursing services.

Care Options

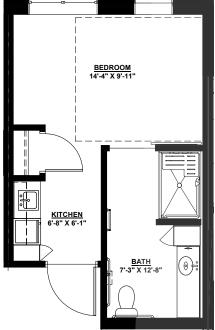
Long Term Care

Recognizing the connection between mind, body and spirit, this community provides so much more than round-the-clock health care. Therapeutic recreation, exercise, music and spiritual activities are all an integral part of life here. Our specially trained on-site care team is here to meet your physical and/or cognitive needs, supported by the expertise of visiting professionals and the cheer and inspiration of devoted volunteers. Family involvement is welcomed and strongly encouraged.

Skilled Nursing Care (Short Stay Recovery)

For those who are in transition from home or hospital, this is the place to heal and recover. Benefit from the experience of our clinical team within pleasant surroundings, while receiving services designed to relieve the stress of recovery and restore you to your full potential.

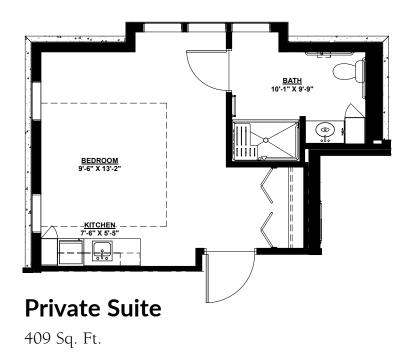
Sample Floor Plans





Private Suite

333 Sq. Ft.





Dubuque, IA 52003

MountCarmelBluffs.org





Other Conveniences

Additional fees may apply

- Access to designated Physician or Nurse Practitioner for on-site services
- Physical, occupational and speech therapy
- Visiting podiatrist
- Guest dining
- Guest suite
- Salon

Included Amenities

- Private, furnished suite with tea kitchen and private bath
- Flexible dining hours
- Three daily meals and snacks served in the family dining room
- Light housekeeping and linen change
- Laundry service
- Social and recreational programs
- Basic cable television service
- Telephone service
- 24-hour nursing care
- Medication administration
- 24-hour on-call Physician
- Consulting dietician
- Social services
- Pastoral care
- Open public Wi-Fi
- Individually controlled heat and air conditioning
- Priority access to other Presbyterian Homes & Services living and care options based on availability

Rate Information

Suite Type	Daily Rate
Long Term Nursing Care	
Private Suite	\$350-\$360
Skilled Nursing Care	
Private Suite	\$500

Rates reflect private payment or payment by those who do not have Medicare coverage. A Medicare eligible beneficiary may be entitled to up to 100 days in a skilled nursing center per illness. Medicare pays 100% of all services, supplies and drugs for the first (20) days for a resident who qualifies under Medicare level of care guidelines. For the twenty-first (21st) through hundredth (100th) day, Medicare requires a co-insurance amount to be paid by the resident's supplemental insurance. If there is no supplemental insurance, the resident will be responsible for the co-payment.

Payment Options

- Medicare
- Medical Assistance
- Various HMOs

- Private insurance
- Long-Term Care insurance
- Private funds



563-845-7600 1040 Carmel Drive

Dubuque, IA 52003

MountCarmelBluffs.org

Due to COVID-19 or other future circumstance, some features may be temporarily unavailable or offered in a different way. We anticipate features will become available in original form once it is prudent to do so. Presbyterian Homes & Services (PHS) communities comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

9/23 **E**

PresHomes.org

Español (Spanish): Llame al 1-844-558-6125 Hmoob (Hmong): Hu rau 1-844-558-6125 Tagalog (Filipino): Tumawag sa 1-844-558-6125

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- Townhomes
- Senior apartments
- Enriched living apartments
- Memory care residence
- Care center suites
- Skilled nursing suites

